



Quixote Expeditions

Packing List

Many items you might already have at home from skiing, hiking, or other outdoor activities. Rental is available from our partner company, through our website, with delivery at Punta Arenas, during our safety briefing the night before the flight.

Head

- ☐ A Good warm hat (fleece or wool) As a souvenir we'll gift you with a warm beanie hat during the pre-trip briefing
- ☐ Buff or fleece neck warmer (helps keep out the wind)
- ☐ Hat for shade (baseball cap or some type of sun hat)
- ☐ Sunglasses (ensure they are on the darker side – there will be glare from water and snow.
(Ideally polarized, but not necessary)

Feet

- ☐ 4-5 pairs of wool socks
- ☐ Indoor shoes (croc style shoes are recommended. Inside we have a “no outdoors shoes” policy)
- ☐ Hiking boots (these are optional, as you can go perfectly fine with Muckboots (provided by us) for outside, and crocks for inside)

**** NOTE **WE PROVIDE** MUCK BOOTS / Waterproof rubber boots****

Note: Please make sure to select the option “I want boots” when filling up the Personal Form online

Hands

- ☐ Ski gloves or mittens (waterproof)
- ☐ 2 thin pairs of inner / liner gloves

Upper Body

- ☐ 3-4 long underwear shirts (polypropylene or merino wool – we find merino wool is warmer and smells less in the long run)
- ☐ 2 mid layers (fleece is a good option)
- ☐ An outer / mid warm layer, either a down or synthetic down jacket.
- ☐ Wet weather gear (sailing jacket or goretex hiking / rain jacket will work) (rental available in Punta Arenas though our website.
- ☐ 3-4 t-shirts

Lower Body

- ☐ 3 pairs of long underwear (polypropylene or merino wool – we find merino wool is warmer and smells less in the long run)
- ☐ 1-2 Pair of Fleece pants
- ☐ 1 pair of sweat pants to use inside the boat.
- ☐ Rain pants or sailing bibs (water proof – essential for going ashore)
- ☐ 1 pair of shorts for the Polar Plunge.



Quixote Expeditions

Other

- ☐ Duffel bag - ONLY!!! It might be a duffel bag with one side flat/rigid/with wheels, and all other sides soft/collapsible. Rigid bags are impossible to store inside the boat and the only possible place is on your own bed.
- ☐ Daypack / Backpack for day trips ashore
- ☐ Pajamas – you will be sharing a cabin!
- ☐ Personnel electronics (below is a suggestion based on experience)
 - Charging Cables
 - Spare Camera batteries (cold weather depletes batteries)
 - Extra memory cards
 - Extra storage or hard drive
 - Laptop if you plan to edit or download photos while onboard.
 - Memory stick of at least 64 GB to share photos with other guests.
 - NOTE ON POWER: We have USB Chargers, and outlets with 220v Type E, European style, and we also have extension cords with all types of plugs on it (USA, UK, EU, USB -please remember that voltage is always 220v, if you are coming from the USA make sure your device can work on 220v!!).
- ☐ Dry sack for your camera when going ashore.
- ☐ Swimsuit – if you think you might want to do a polar plunge!
- ☐ Toiletries and Personal medications (while the vessel has a medical kit please bring all medications that you will need on the trip, we recommend what you need plus 30%. In addition, please bring your own personal supply of bandaids, lip balm, ibuprofen, etc. Also please bring **sunscreen**, between the water and the snow exposure is high) Women – please bring pads or tampons even if it's not that time of the month.
- ☐ Seasickness medicine (all sailors do and can get seasick. You never know when and where it may hit, so even if you think you are tough, we recommend bringing some. We often take it ourselves as prevention at the start of many trips – especially when crossing the Drake passage, please talk to your doctor for their recommendations)
- ☐ Music (ipods, mp3 players, iphones, etc; we can connect to our stereo system)
- ☐ 1 liter water bottle (narrowed mouthed or ones with straws work well for rough weather)
- ☐ If you are a glasses wearer, we STRONGLY recommend bringing a strap to keep them on should they fall off and a spare pair of glasses.

Optional:

Collapsible trekking poles (these must be checked for the flight to Antarctica)

- ☐ Ear plugs
- ☐ Eye covers, especially for mid-summer Antarctica trips
- ☐ Small pair of binoculars.

Note: when checking in for the flight to Antarctica, you will go through security, and same rules apply as in any major airport with regards to what's allowed through security and what's not.

****If you have any questions about the above, please DO NOT hesitate to ask us. Better to ask, rather than show up with the wrong gear. We are happy to help. Correct gear can make all the difference in the enjoyment of your trip.**